



PRESS RELEASE

FOR IMMEDIATE RELEASE

13th EDITION OF THE MINI-JEUX D'ARGENTEUIL For the love of sport

Lachute, June 13th, 2017 — The MRC d'Argenteuil and its partners, the City of Lachute and Québec en Forme Argenteuil, are proud to announce the return of the Mini-Jeux d'Argenteuil, for a thirteenth consecutive year on Thursday, July 13th from 9 a.m. to 3:30 p.m. Since 2005, between 300 and 400 children aged 6 to 12 from Argenteuil, meet up annually on the sites of the Polyvalente Lavigne and Laurentian Regional High School to live an active day in a spirit of camaraderie. There, they spend the day adopting an active lifestyle as they discover different types of sports.

Throughout the day, the participants, who will be dressed in red, the official color of the 13th edition, will have the opportunity to practice three different sports from a selection of fifteen activities: soccer, karate, flag football, ball hockey, the Zumbatomic®, gymnastics, tennis, basketball, kin ball, baseball, cheerleading and weight lifting will return once again. In addition, mobile ski, which entered the Mini-Jeux last year, will again be offered, as well as two new sports: cross-country and land paddle.

For a fourth consecutive year, the partners of Québec en forme Argenteuil are pleased to invite parents to participate in the event. In the morning, outdoor yoga and a workshop on gardening will be offered. In the afternoon, parents are invited to participate in their child's chosen activity.

Again this year, the **A.T. Joe Gilmore Trophy** will be awarded to one of the participating municipalities. This trophy was named after a past warden who made a historic mark in the MRC by his implication as well as his belief in youth.

The 13th edition of the Mini-Jeux has, as its spokesperson, a young woman who stands out in a sport where strength and precision are required. Indeed, Anne-Marie Gagnon excels in the sport of hammer throwing. This student, from the Séminaire du Sacré-Cœur, won the bronze medal at the Jeux du Québec 2016 with only one month of practice.

We would like to remind you that enrollment for the Mini-Jeux d'Argenteuil is **free** and must be completed through one of the nine municipalities of the MRC d'Argenteuil, the day camps or the MRC d'Argenteuil directly. Parents unable to take their child to the event can contact the MRC's adapted and collective transport to make the necessary arrangements.

We would like to acknowledge the participation of the Mini-Jeux d'Argenteuil's sponsors, without whom the event would not be taking place: Loisirs Laurentides, Lachute Lions Club, the Club Richelieu Lachute, the Argenteuil MNA, Mr. Yves St-Denis, the Argenteuil—La Petite-Nation MPA, Mr. Stéphane Lauzon, P.E.P Prêt-à-porter, the Sûreté du Québec, Dairy Queen Lachute, IGA S. Albert, Canadian Tire Lachute, Tricentris, Centre of renovations Pine-Hill, Les crèmes glacées Lebel, Naya, Subway, Cascades Groupe Tissu, DD Création, Giant Tiger Lachute and finally, Méli-Mélo Rigolo. Special thanks are extended to the MRC d'Argenteuil's francophone and anglophone elementary schools for their steady commitment in promoting this event.

It is a rendezvous on July 13th for a colorful day!



Left to right : Jean-Sébastien Beauchamp (MRC d'Argenteuil), Anne-Marie-Gagnon (spokesperson), Carl Péroquin (substitute warden and mayor of Lachute), Marie-France Petit (Loisirs Laurentides) et Élisabeth Dumouchel (Québec en Forme Argenteuil).

Source : MRC d'Argenteuil

For information:

Jean-Sebastien Beauchamp

Project manager

MRC d'Argenteuil

Tel.: 450-566-2474, ext. 2307

jsbeauchamp@argenteuil.qc.ca